



## Eating & Drinking



### Good Grips Rocker Knife

Rocker knife with serrated blade is ideal for cutting meats

**PR65592/S Rocker Knife £8.52 (£7.25)**



### Good Grips Souper Spoon

Raised lip is ideal for persons with tremors or poor hand control.

The innovative lip of the Souper Spoon is specially designed to prevent spills while moving the spoon from the plate to the mouth. Liquids and food stay on the spoon where they should be! The one-piece, stainless steel lip is easy to clean and fits in the mouth.

The Good Grips Souper Spoon features the Good Grips handle and the special twist in the metal shaft. The total length measures 180mm (7 $\frac{1}{8}$ ""). The Good Grips model is ideal for persons with Alzheimers, CVA, Parkinsons disease, arthritis, or neurological impairments. Institutional dishwasher safe.

**PR65590 £8.99 (£7.65)**

### Lifestyle cutlery

Cutlery that truly fits your hand. Perfect for anyone with arthritis or some limited hand grasp, yet attractive enough for family use. This soft, comfortable to the hand cutlery has been designed to stay in place when wet or when turning your grip. The ergonomically designed contours allow for a comfortable fit in almost any hand while adding to stability. The slight curve at the end allows the grip to nestle securely in the hand giving a feeling of security. Available in grey. Pieces sold separately.

**PR65655/K Knife £5.64 (£4.80)**  
**PR65655/F Fork £5.64 (£4.80)**  
**PR65655/SS Soup Spoon £5.64 (£4.80)**  
**PR65655/TS Tea Spoon £5.64 (£4.80)**



### Good Grips Cutlery

Good Grip cutlery has a soft cushion grip that keeps the utensil in the hand - even when wet!

The built up handles are made of soft latex - free material, with flexible ribbing that's comfortable and adapts to any grip.

Each stainless steel utensil has a special twist built into the metal shaft that allows the spoons and forks to bend to any angle. You can bend them for either Left or Right handed use. The rocker knife requires only minimal arm strength for cutting. A special extended safety cap protects fingers. Dishwasher Safe.

**PR65591 Fork each £7.58 (£6.45)**  
**PR65595 Youth Spoon each £7.58 (£6.45)**  
**PR65593 Teaspoon each £7.58 (£6.45)**  
**PR65594 Desert Spoon each £7.58 (£6.45)**  
**PR65592 Rocker Knife each £8.52 (£7.25)**  
**PR65592/S Serated RockerKnife each £8.99 (£7.65)**

### Good Grips Weighted Cutlery

Textured handle is secure in the hand. Each cutlery piece features the Good Grips handle and a special twist built into the metal shaft allows it to be bent for either right or left handed use. The angled rocker knife requires only minimal arm strength for cutting. A special extended safety cap protects fingers. The 6oz. (170g) of weight in the built-up-handle provides more control so that the utensil reaches the mouth easier. Ideal for persons with limited hand control, Parkinsons disease or spasticity.

**PR65560 Weighted Fork £10.52 (£8.95)**  
**PR65561 Weighted Teaspoon £10.52 (£8.95)**  
**PR65562 Weighted Desert Spoon £10.52 (£8.95)**  
**PR65564 Weighted Souper Spoon £11.30 (£9.62)**  
**PR65565 Weighted Rocker knife £11.80 (£10.04)**



### Soft Handled Cutlery

These soft handled utensils have large grips made of closed cell foam which will not absorb moisture. Lightweight, and ideal for people with arthritis or tender hands and finger joints. The foam grip slides off easily for cleaning.

**PR65641 Soft Handled Knife £8.11 (£6.90)**  
**PR65642 Soft Handled Fork £8.11 (£6.90)**  
**PR65643 Soft Handled Teaspoon £8.11 (£6.90)**

# Cups & Beakers



## Insulated Mug

A quality insulated mug at a great value. This polypropylene mug keeps liquids hot or cold as necessary. Foam insulated and break-resistant. Holds 237ml (8fl.oz.). Can be used with the Snorkel or the Snap On Lid, sold separately in a package of 6. Household dishwasher and microwave safe.

**PR65031 Insulated Mug £4.17**  
**PR65035 Snap On Lids (6) £8.17**



## Sure Grip Cup

This stackable, polycarbonate mug features deep grooves allowing a comfortable grip in the hand and resists slippage. It is suitable for all age groups, hot and cold liquids and the virtually spill-proof, patented valve in the lid prevents spillage. Only a small drop escapes before the vacuum seals off the main flow. The Sure Grip Mug has a spout, angled to facilitate easy use. Another feature of this cup is the inclusion of a 100ml and 200ml measure guide on the outside, this comes in useful when volumes of liquid need to be recorded. Microwave and dishwasher safe, available in three colours. The optional lid changes colour if the contents are in excess of 50°C. in temperature.

**PR65571 Clear £4.21**  
**PR65572 Blue £4.21**  
**PR65573 Pink £4.21**  
**PR65580 Temperature regulated lid £2.76 (£2.35)**



## China Cup and Saucer

This lightweight attractive bone china cup and saucer is suitable for those with poor grip. The cup has handles on both sides to provide additional stability. Microwave and Dishwasher safe. Weight Cup: 190g (6.7 oz) Saucer: 130g (4½ oz) Volume: 160ml

**PR65220 £14.95 (£12.72)**



## Two Handled Mug

Monitor liquid levels with this see-through mug. Use this clear plastic mug with or without the included lid. The spout in the lid directs the flow of liquid. The two large handles provide for an easy grasp and the wide base helps prevent accidental tipping. Holds 10 fl. oz. (295ml). Household dishwasher and microwave safe. Replacement lids sold separately.

**PR65616 Mug £12.34**  
**PR65617 Replacement Lid £4.29**



## Handycup

The rim of the HANDYcup is angled so that a person can drink without tipping their head back to drain the glass. It can be tipped beyond the



## Novo Cup

Perfect for people who want to drink without having to be helped. The Novo Cup allows you to drink comfortably while lying down. You are in complete control of the rate of flow and don't need to be propped up by pillows or helped by carers. Ideal for those with restricted movement of the head and neck.

- Spill-proof when tipped over, so fewer changes of bed linen.
- Takes both hot and cold liquids
- Transparent so contents are visible
- Measurement markings
- Holds 250ml of liquid
- Dishwasher, Microwave and autoclave safe

**PR65075 £4.99**



## Nosey Cup

The rim of the Nosey Cup is angled so that a person can drink without tipping their head back to drain the glass. It can be tipped beyond the point where a normal cup would hit the bridge of your nose. The glass is transparent so that the level of the contents is always visible. The bottom of the bowl is rounded to assist draining the contents and to make washing easy. The short stem and tapered cup make the glass easy to grasp. The large base helps to prevent tipping. Designed for people with a poor grip, limited neck movement, a bed patient, or a person in a wheelchair with a head-rest. Capacity 8oz (260ml).

**PR65644 £7.25**

point where a normal cup would hit the bridge of your nose. The cup is transparent so that the level of the contents is always visible. The cup has large handles so that the person can fit their hand inside for better grip or can hold handles. The large base helps to prevent tipping. Designed for people with a poor grip, limited neck movement, a bed patient, or a person in a wheelchair with a head-rest.

**PR65646 Clear £6.99**  
**PR65646/B Blue £6.99**  
**PR65646/G Green £6.99**  
**PR65646/O Orange £6.99**  
**PR65646/LID Clear lid £1.99**



Eating & Drinking



**GripWare Round Scoop Dish**

The low front and high back are ideal for persons with limited motor co-ordination or the use of only one hand. Dish measures 200mm (8") in diameter. Available in plastic or melamine. The plastic dish is microwave safe and can be gas autoclaved. The melamine dish should not be microwaved, and is safe up to 125°F (52°C) in the dishwasher.

- PR65006 Plastic £6.64 (£5.65)**
- PR65016 Melamine £14.92 (£12.70)**



**Clear Food Guard**

Attractive enough for any table. The inconspicuous design for the Clear Food Guard makes it ideal for home use or when dining out in a restaurant. Clear polycarbonate plastic is strong and functional, yet attractive. A perfect tool for persons who need a little extra assistance when eating.

A snug fit means that the Clear Food Guard stays on the plate securely when food is scooped up against it so that no food slips off the plate. Tapered ends prevent the food guard from interfering with utensils. The Food Guard can be attached quickly even by clients with the use of just one hand. The grooved edge simply slides onto the plate, forming a gapless fit. Fits plates ranging from 210 to 250mm (8½" to 10") in diameter. Designed to nest together, taking up less storage space. Top rack, household dishwasher safe. Sold individually or in a package of 10.

- PR65029 Individual £8.75 (£7.45)**
- PR65574 Pack of 10 £85.29 (£72.59)**

**Food Guard**

This flexible food guard can be fitted to ordinary plates to assist with one handed eating. Three clips attach it to the rim of the plate and create a high inward sloping face to help with food collection and prevent spillage. Colour White only. Plate size 190 to 254mm (7½ to 10") external diameter. Microwave and dishwasher safe. Weight 45g.

- PR65071 £4.10 (£3.49)**



**Doidy Cup**

Unique angle reduces the need to tilt the head when drinking. Children will love drinking from the Doidy Cup. The unique shape is appealing to children while making drinking easy. Two handles fit small hands. Holds up to 192ml (6½ fl.oz.). Household dishwasher safe. Colour may vary.

- PR65018 £5.52**



**Melamine Dish**

This melamine dish measures 8" in diameter and is designed to help with food collection. The dish is not suitable for microwaves, but is dishwasher safe.

- PR65653 £6.99**



**Dinner Bibs**

These colourful bibs will brighten mealtimes with a variety of patterns and assorted colours. They measure 460mm (18") wide x 890mm (35") long, with a poly/cotton front and a waterproof backing. The neck of these bibs open and close with snap buttons. Colours may vary.

- PR65645 £13.98**



**Goodie-Strap**

Fits large and built-up handles. This elastic strap has two different-sized loops that fit various handle sizes. The regular strap fits most adult hands and will accommodate Good Grips utensils and other large, built-up handles. The paediatric strap fits the Good Grips Paediatric Spoon and other utensils with an approximate circumference of 40 to 76mm (2½ to 3"), and a handle length of at least 76mm (3"). Machine wash and air dry.

- PR65599 Regular £4.82 (£4.10)**
- PR65589 Paediatric £4.99 (£4.25)**



**Clear Mug with Handle**

A tough, clear plastic mug, with large, open handle to grip round or under without making a fist. This mug is supplied with two lids, one for anti-spill and one with a drinking spout. It is of a simple design, stackable and easy to clean. The mug is dishwasher safe however the lids are not, but can be used in the microwave. Capacity 300ml.

- PR65100 £5.46**



**Stay Warm Feeding Dish**

Keep food warm for longer using this convenient dish. A chamber under the plate is easily filled with warm water, keeping food warm for longer. The dish also has a non slip ring which keeps the dish in place, reducing the risk of spillage. Do not fill the plate with boiling water.

- PR65110-N £19.95**